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ouch shoulder pain and how to treat it harvard health Jan 20 2023 web aug 9 2022 it typically develops in people ages 40 to 60 frozen shoulder is more common in women than in men and in people with certain medical conditions such as diabetes high cholesterol or thyroid disorders frozen shoulder can occur after a rotator cuff impingement a tendon tear or even minor injury

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shoulder pain mayo clinic Dec 19 2022 web may 20 2021 shoulder pain that comes from the joint usually worsens with activities or movement of your arm or shoulder various diseases and conditions affecting structures in your chest or abdomen such as heart disease or gallbladder disease also can cause shoulder pain shoulder pain that arises from another structure is called referred pain

shoulder pain and problems johns hopkins medicine May 12 2022 web shoulder pain may be localized in a specific area or may spread to areas around the shoulder or down the arm what causes shoulder problems although the shoulder is the most movable joint in the body it is also an unstable joint because of its range of motion

shoulder pain symptoms and causes penn medicine Oct 17 2022 web shoulder pain is any pain in or around the shoulder joint alternative names pain shoulder considerations the shoulder is the most movable joint in the human body a group of four muscles and their tendons called the rotator cuff give the shoulder its wide range of motion

shoulder pain 11 common conditions and causes Nov 18 2022 web mar 4 2022 here are symptoms that often serve as warning signs of a shoulder injury sudden and sharp pain decreased range of motion pain along with swelling pressure or bruising constant pain or pain that continues to worsen pain that prevents you from falling asleep or wakes you up

shoulder pain causes mayo clinic Feb 21 2023 web may 20 2021 shoulder pain causes include avascular necrosis osteonecrosis death of bone tissue due to limited blood flow brachial plexus injury broken arm broken collarbone bursitis joint inflammation cervical radiculopathy dislocated shoulder frozen shoulder heart attack impingement osteoarthritis disease causing the breakdown of joints

shoulder pain causes symptoms treatments versus arthritis Jul 14 2022 web if you've been told the pain in your shoulder is caused by referred pain it could be coming from an injury or inflammation in your neck often it's linked to the sensation of pins and needles in your arm or hand as well as pain that travels down your arm it can also be known as radiated pain

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