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*Soaring to Glory Devolution Into the Fire
Guns Up! The Hallelujah Flight Me, Myself, and
Them : A Firsthand Account of One Young
Person's Experience with Schizophrenia No Easy
Day Captured by the Indians Next to Nothing :
A Firsthand Account of One Teenager's
Experience with an Eating Disorder Mindsets
and Missiles: A Firsthand Account of the Cuban
Missile Crisis What You Must Think of Me Me,
Myself, and Them The Battle of Gettysburg No
Easy Day New Orleans Disasters: Firsthand
Accounts of Crescent City Tragedy All the
Gallant Men Building the Rule of Law A
Firsthand Account of the New Era in Great
Britain What You Must Think of Me The Mammoth
Book of Soldiers at War Witnessing America
Black Hawk War Guide, A: Landmarks,
Battlefields, Museums & Firsthand Accounts
Secret Life Into The Fire Eyewitness to War
Off the Map For the Right to Learn: Malala
Yousafzai's Story First Hand Accounts of
Johannesburg in English Language Periodicals,
1886-1895 Heroes Among Us 117 Days Team of*

Vipers This was San Francisco, Being First-hand Accounts of the Evolution of One of America's Favorite Cities Every Man Will Do His Duty Hitler's Last Secretary Swanee's Silverton 82 Days on Okinawa Chasing the High Japan's Infamous Summary of the Quiet Mind: the Firsthand Account of a CIA Agent Who Traveled the Eastern World in Search of Mindfulness by John E. Coleman
Fallschirmjäger!

Heroes Among Us Sep 23 2020 *Firsthand accounts from of the war in Iraq and Afghanistan from decorated soldiers of all branches of the military capture front-line stories of combat, courage under fire, and heroism on the battlefield.*

Every Man Will Do His Duty May 20 2020 *Napoleonic-era accounts of life aboard Royal Navy warships: "Readers of Patrick O'Brian and C. S. Forester will enjoy this collection" (Library Journal). At the dawn of the nineteenth century, the British Navy was the mightiest instrument of war the world had ever known. The Royal Navy patrolled the seas from India to the Caribbean, connecting an empire with footholds in every corner of the earth. Such a massive Navy required the service of more than 100,000 men—from officers to deckhands to surgeons. These are their*

stories. The inspiration for the bestselling novels by Patrick O'Brian and C. S. Forester, these memoirs and diaries, edited by Dean King, provide a true portrait of life aboard British warships during one of the most significant eras of world history. Their tellers are officers and ordinary sailors, and their subjects range from barroom brawls to the legendary heroics of Lord Horatio Nelson himself. Though these "iron men on wooden ships" are long gone, their deeds echo through the centuries.

117 Days Aug 23 2020 A firsthand account of nineteen year old draftee, Private First Class Mike Hardy, as he fought on the front lines of Vietnam in 1969.

Devolution Jan 20 2023 NEW YORK TIMES BESTSELLER • The #1 New York Times bestselling author of World War Z is back with "the Bigfoot thriller you didn't know you needed in your life, and one of the greatest horror novels I've ever read" (Blake Crouch, author of Dark Matter and Recursion). FINALIST FOR THE LOCUS AWARD As the ash and chaos from Mount Rainier's eruption swirled and finally settled, the story of the Greenloop massacre has passed unnoticed, unexamined . . . until now. The journals of resident Kate Holland, recovered from the town's bloody wreckage, capture a tale too harrowing—and too earth-

shattering in its implications—to be forgotten. In these pages, Max Brooks brings Kate's extraordinary account to light for the first time, faithfully reproducing her words alongside his own extensive investigations into the massacre and the legendary beasts behind it. Kate's is a tale of unexpected strength and resilience, of humanity's defiance in the face of a terrible predator's gaze, and, inevitably, of savagery and death. Yet it is also far more than that. Because if what Kate Holland saw in those days is real, then we must accept the impossible. We must accept that the creature known as Bigfoot walks among us—and that it is a beast of terrible strength and ferocity. Part survival narrative, part bloody horror tale, part scientific journey into the boundaries between truth and fiction, this is a Bigfoot story as only Max Brooks could chronicle it—and like none you've ever read before. Praise for *Devolution* "Delightful . . . [A] tale of supernatural mayhem that fans of King and Crichton alike will enjoy."—Kirkus Reviews (starred review) "The story is told in such a compelling manner that horror fans will want to believe and, perhaps, take the warning to heart."—Booklist (starred review)

Secret Life Mar 30 2021 *In Secret Life*,
Professor David M. Jacobs of Temple University

takes us into the private world of those abducted by aliens, letting them describe in their own words what it is like to be abducted. Based on interviews with sixty individuals and more than 300 independently corroborated accounts, *Secret Life* presents the most complete and accurate picture of alien abductions ever compiled. Dr. Jacobs takes the reader on a minute-by-minute journey through a typical abduction experience and describes in detail the bizarre physical, mental and reproductive procedures that abductees claim have been administered by small alien beings. Jacobs draws from these interviews a profoundly unsettling reason behind the abductions: aliens are conducting a complex reproductive experiment involving the conception, gestation, or incubation of human and alien hybrid beings.

Me, Myself, and Them Mar 10 2022 During his second semester at college, Kurt Snyder became convinced that he was about to discover a fabulously important mathematical principle, spending hours lost in daydreams about numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that typically strikes during

the late teen or young adult years. In *Me, Myself, and Them*, Kurt, now an adult, looks back from the vantage point of recovery and eloquently describes the debilitating changes in thoughts and perceptions that took hold of his life during his teens and twenties. As a memoir, this book is remarkable for its unvarnished look at the slow and difficult process of coming back from severe mental illness. Yet Kurt's memoir is only half the story. With the help of psychiatrist Raquel E. Gur, M.D., Ph.D., and veteran science writer Linda Wasmer Andrews, Kurt paints the big picture for others affected by adolescent schizophrenia. Drawing on the latest scientific and medical evidence, he explains how to recognize warning signs, where to find help, and what treatments have proved effective. Kurt also offers practical advice on topics of particular interest to young people, such as suggestions on managing the illness at home, school, and work, and in relationships with family and friends. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *My, Myself, and Them* offers hope to young people who are struggling with schizophrenia, helping them to understand and manage the challenges of this illness and go on to lead healthy lives.

No Easy Day Aug 15 2022 The #1 New York Times bestselling first-person account of the planning and execution of the Bin Laden raid from a Navy SEAL who confronted the terrorist mastermind and witnessed his final moments. From the streets of Iraq to the rescue of Captain Richard Phillips in the Indian Ocean, and from the mountaintops of Afghanistan to the third floor of Osama Bin Laden's compound, operator Mark Owen of the U.S. Naval Special Warfare Development Group—known as SEAL Team Six—has been a part of some of the most memorable special operations in history, as well as countless missions that never made headlines. *No Easy Day* puts readers alongside Owen and his fellow SEAL team members as they train for the biggest mission of their lives. The blow-by-blow narrative of the assault, beginning with the helicopter crash that could have ended Owen's life straight through to the radio call confirming Bin Laden's death, is an essential piece of modern history. In *No Easy Day*, Owen also takes readers into the War on Terror and details the formation of the most elite units in the military. Owen's story draws on his youth in Alaska and describes the SEALs' quest to challenge themselves at the highest levels of physical and mental endurance. With boots-on-the-ground detail, Owen describes several missions that

illustrate the life and work of a SEAL and the evolution of the team after the events of September 11. In telling the true story of the SEALs whose talents, skills, experiences, and exceptional sacrifices led to one of the greatest victories in the War on Terror, Mark Owen honors the men who risk everything for our country, and he leaves readers with a deep understanding of the warriors who keep America safe.

First Hand Accounts of Johannesburg in English Language Periodicals, 1886-1895 Oct 25 2020

Japan's Infamous Dec 15 2019 This is a riveting and disturbing account of the medical atrocities performed in and around Japan during WWII. Some of the cruelest deeds of Japan's war in Asia did not occur on the battlefield, but in quiet, antiseptic medical wards in obscure parts of China. Far from front lines and prying eyes, Japanese doctors and their assistants subjected human guinea pigs to gruesome medical experiments in the name of science and Japan's wartime chemical and biological warfare research. Author Hal Gold draws upon a wealth of sources to construct a portrait of the Imperial Japanese Army's most notorious medical unit, giving an overview of its history and detailing its most shocking activities. The book presents the

words of former unit members themselves, taken from remarks they made at a traveling Unit 731 exhibition held in Japan in 1994-95. They recount vivid first-hand memories of what it was like to take part in horrific experiments on men, women and children, their motivations and reasons why they chose to speak about their actions all these years later. A new foreword by historian Yuma Totani examines the actions of Unit 731, the post-war response by the Allies and the lasting importance of the book. Japan's Infamous Unit 731 represents an essential addition to the growing body of literature on the still unfolding story of some of the most infamous war crimes in modern military history. By showing how the ethics of normal men and women, and even an entire profession, can be warped by the fire of war, this important book offers a window on a time of human madness and the hope that history will not be repeated.

Team of Vipers Jul 22 2020 THE INSTANT NEW YORK TIMES BESTSELLER "Sims's vivid portrait of Trump shrewdly balances admiration with misgivings, and his intricate, engrossing accounts of White House vendettas and power plays have a good mix of immersion and perspective. The result is one of the best of the recent flood of Trump tell-alls."

—Publishers Weekly The first honest insider's

account of the Trump administration. If you hate Trump you need the truth; if you love Trump you need the truth. After standing at Donald Trump's side on Election Night, Cliff Sims joined him in the West Wing as Special Assistant to the President and Director of White House Message Strategy. He soon found himself pulled into the President's inner circle as a confidante, an errand boy, an advisor, a punching bag, and a friend. Sometimes all in the same conversation. As a result, Sims gained unprecedented access to the President, sitting in on private meetings with key Congressional officials, world leaders, and top White House advisors. He saw how Trump handled the challenges of the office, and he learned from Trump himself how he saw the world. For five hundred days, Sims also witnessed first-hand the infighting and leaking, the anger, joy, and recriminations. He had a role in some of the President's biggest successes, and he shared the blame for some of his administration's worst disasters. He gained key, often surprising insights into the players of the Trump West Wing, from Jared Kushner and John Kelly to Steve Bannon and Kellyanne Conway. He even helped Trump craft his enemies list, knowing who was loyal and who was not. And he took notes. Hundreds of pages of notes. In real-time. Sims stood with

the President in the eye of the storm raging around him, and now he tells the story that no one else has written—because no one else could. The story of what it was really like in the West Wing as a member of the President's team. The story of power and palace intrigue, backstabbing and bold victories, as well as painful moral compromises, occasionally with yourself. Team of Vipers tells the full story, as only a true insider could.

Captured by the Indians Jul 14 2022 Pioneers describe their experiences as captives of the Indians and portray Indian society and culture

What You Must Think of Me Aug 03 2021 We've all felt occasional pangs of shyness and self-consciousness, but for the 15 million Americans with social anxiety disorder, the fear of being scrutinized and criticized can reach disabling proportions. Such was the case for Emily Ford, who shares her firsthand experiences in these pages. Emily's true story of fear, struggle, and ultimate triumph is sure to resonate with other socially anxious teenagers and young adults. Emily's frank, often witty, sometimes poignant account of how she negotiated all the obstacles of social anxiety--and eventually overcame them with the help of therapy and hard work--makes for compelling reading. Yet this book is more than just a memoir. Emily's story is coupled with

the latest medical and scientific information about the causes, diagnosis, treatment, and self-management of social anxiety disorder (or SAD). Readers will find a wealth of solid advice and genuine inspiration here. In engaging, accessible language--and with the help of psychiatrist Michael Liebowitz--she discusses what is known and not known about social anxiety disorder in adolescents. She outlines the various psychotherapies available for those with SAD and explains how to seek professional help, how to talk to family and friends about the illness, and how to handle difficult social situations. The result is both an absorbing story and a useful guide that will help to ease the isolation caused by SAD, encouraging young people to believe that, with commitment and hard work, they can overcome this illness. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *What You Must Think of Me* will also be a valuable resource for friends and family of those with SAD. It offers much-needed hope to young people, helping them to overcome this illness and lead healthy, productive lives.

Chasing the High Jan 16 2020 Kyle Keegan was like many teenagers: eager to fit in at school, he experimented with alcohol and drugs. Soon, his abuse of these substances

surpassed experimentation and became a ruthless addiction to heroin that nearly destroyed his life. Now in recovery, Keegan tells his remarkable story in *Chasing the High*. Starting with the early days of alcohol and drug use, Keegan charts his decline into crime and homelessness as his need for heroin surpassed all thoughts of family and friends, of right and wrong. He then goes on to use these experiences to offer guidance and practical advice to other young people who may be struggling with substance abuse. In straightforward, easy-to-understand language and along with the psychiatric expertise of Howard Moss, MD, Keegan discusses what is known about the neurobiology of addiction in young people, how to seek treatment, and how to get the most out of professional help. He also covers such topics as which therapies are used to combat addiction, how to talk to family and friends about substance abuse, and how to navigate risky situations. Both an absorbing memoir and a useful resource for young people. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *Chasing the High* is at once both an absorbing memoir and a useful resource. It offers hope to those who are struggling with substance abuse and will help them to overcome its

challenges and to go on to lead healthy, productive lives.

Swanee's Silverton Mar 18 2020 The story of Gerald Swanson while living in Silverton, Colorado.

A Firsthand Account of the New Era in Great Britain Sep 04 2021

What You Must Think of Me Apr 11 2022 We've all felt occasional pangs of shyness and self-consciousness, but for the 15 million Americans with social anxiety disorder, the fear of being scrutinized and criticized can reach disabling proportions. Such was the case for Emily Ford, who shares her firsthand experiences in these pages. Emily's true story of fear, struggle, and ultimate triumph is sure to resonate with other socially anxious teenagers and young adults. Emily's frank, often witty, sometimes poignant account of how she negotiated all the obstacles of social anxiety--and eventually overcame them with the help of therapy and hard work--makes for compelling reading. Yet this book is more than just a memoir. Emily's story is coupled with the latest medical and scientific information about the causes, diagnosis, treatment, and self-management of social anxiety disorder (or SAD). Readers will find a wealth of solid advice and genuine inspiration here. In engaging, accessible language--and with the

help of psychiatrist Michael Liebowitz--she discusses what is known and not known about social anxiety disorder in adolescents. She outlines the various psychotherapies available for those with SAD and explains how to seek professional help, how to talk to family and friends about the illness, and how to handle difficult social situations. The result is both an absorbing story and a useful guide that will help to ease the isolation caused by SAD, encouraging young people to believe that, with commitment and hard work, they can overcome this illness. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *What You Must Think of Me* will also be a valuable resource for friends and family of those with SAD. It offers much-needed hope to young people, helping them to overcome this illness and lead healthy, productive lives.

Off the Map Dec 27 2020 A Notable Social Studies Trade Book for Young People: The tale of the famous expedition of Lewis and Clark, condensed from their own eight-volume journals for young historians Lewis and Clark's famous 1804 expedition was told with great detail by the explorers themselves in an eight-volume account. Now young historians have the opportunity to learn the thrills, challenges, and adventures in a version accessible for

them. Two years' worth of entries are condensed into a flowing account that maintains the historical essence of the original. With a fact-filled prologue and epilogue, young readers can relive the adventurous eight-thousand-mile journey across uncharted wilderness.

Soaring to Glory Feb 21 2023 "This book is a masterpiece. It captures the essence of the Tuskegee Airmen's experience from the perspective of one who lived it. The action sequences make me feel I'm back in the cockpit of my P-51C 'Kitten'! If you want to know what it was like fighting German interceptors in European skies while winning equal opportunity at home, be sure to read this book!" –Colonel Charles E. McGee, USAF (ret.) former president, Tuskegee Airmen Inc. "All Americans owe Harry Stewart Jr. and his fellow airmen a huge debt for defending our country during World War II. In addition, they have inspired generations of African American youth to follow their dreams." –Henry Louis Gates Jr., Alphonse Fletcher University Professor, Harvard University He had to sit in a segregated rail car on the journey to Army basic training in Mississippi in 1943. But two years later, the twenty-year-old African American from New York was at the controls of a P-51, prowling for Luftwaffe aircraft at

five thousand feet over the Austrian countryside. By the end of World War II, he had done something that nobody could take away from him: He had become an American hero. This is the remarkable true story of Lt. Col. Harry Stewart Jr., one of the last surviving Tuskegee Airmen pilots who experienced air combat during World War II. Award-winning aviation writer Philip Handleman recreates the harrowing action and heart-pounding drama of Stewart's combat missions, including the legendary mission in which Stewart downed three enemy fighters. *Soaring to Glory* also reveals the cruel injustices Stewart and his fellow Tuskegee Airmen faced during their wartime service and upon return home after the war. Stewart's heroism was not celebrated as it should have been in postwar America—but now, his boundless courage and determination will never be forgotten.

Into The Fire Feb 26 2021 A Marine sniper shares the story of his heroism facing a Taliban ambush during which he saved Afghan soldiers and Marine advisors, a victory that resulted from him disobeying orders and assuming command without reinforcements or artillery support.

For the Right to Learn: Malala Yousafzai's Story Nov 25 2020 "Tells Malala Yousafzai's harrowing story of standing up for girls"

education against the Taliban, being shot in the head, and surviving to continue the fight" --

All the Gallant Men Nov 06 2021 The New York Times bestselling memoir of survival and heroism at Pearl Harbor "An unforgettable story of unfathomable courage." --Reader's Digest In this, the first memoir by a USS Arizona sailor, Donald Stratton delivers an inspiring and unforgettable eyewitness account of the Pearl Harbor attack and his remarkable return to the fight. At 8:10 a.m. on December 7, 1941, Seaman First Class Donald Stratton was consumed by an inferno. A million pounds of explosives had detonated beneath his battle station aboard the USS Arizona, barely fifteen minutes into Japan's surprise attack on American forces at Pearl Harbor. Near death and burned across two thirds of his body, Don, a nineteen-year-old Nebraskan who had been steeled by the Great Depression and Dust Bowl, summoned the will to haul himself hand over hand across a rope tethered to a neighboring vessel. Forty-five feet below, the harbor's flaming, oil-slick water boiled with enemy bullets; all around him the world tore itself apart. In this extraordinary, never-before-told eyewitness account of the Pearl Harbor attack--the only memoir ever written by a survivor of the USS Arizona--ninety-four-year-

old veteran Donald Stratton finally shares his unforgettable personal tale of bravery and survival on December 7, 1941, his harrowing recovery, and his inspiring determination to return to the fight. Don and four other sailors made it safely across the same line that morning, a small miracle on a day that claimed the lives of 1,177 of their Arizona shipmates—approximately half the American fatalities at Pearl Harbor. Sent to military hospitals for a year, Don refused doctors' advice to amputate his limbs and battled to relearn how to walk. The U.S. Navy gave him a medical discharge, believing he would never again be fit for service, but Don had unfinished business. In June 1944, he sailed back into the teeth of the Pacific War on a destroyer, destined for combat in the crucial battles of Leyte Gulf, Luzon, and Okinawa, thus earning the distinction of having been present for the opening shots and the final major battle of America's Second World War. As the seventy-fifth anniversary of the Pearl Harbor attack approaches, Don, a great-grandfather of five and one of six living survivors of the Arizona, offers an unprecedentedly intimate reflection on the tragedy that drew America into the greatest armed conflict in history. *All the Gallant Men* is a book for the ages, one of the most

remarkable—and remarkably inspiring—memoirs of any kind to appear in recent years. *Library Journal

The Hallelujah Flight Oct 17 2022 The extraordinary story of James Banning, the first African-American pilot to fly across country During the Great Depression, the ace black pilot James Banning decided to fly from coast to coast to serve as an inspiration to people everywhere. So with a little ingenuity and a whole lot of heart, he fixed up the dilapidated OXX6 Eagle Rock plane with his copilot and mechanic, Thomas Allen, earning them the derisive nickname, "The Flying Hobos." But with the help of friends and family along the way who signed their names on the wings of the plane in exchange for food, fuel and supplies, Banning and Allen made it through treacherous weather and overcame ruthless prejudice to receive a heroes' welcome upon landing in New York on October 9, 1932. This exceptional story of determination and pride, shown through John Holyfield's energetic flight scenes and sweeping landscapes, will put you in the cockpit right alongside Banning and Allen as they complete the journey of a lifetime.

The Battle of Gettysburg Feb 09 2022 Vivid eyewitness accounts of the wounded, of skirmishes, attacks and counterattacks,

estimates of losses, marks of battle, and burial of the dead. 2 maps.

Into the Fire Dec 19 2022 "The story of what Dakota did . . . will be told for generations."—President Barack Obama, from remarks given at Meyer's Medal of Honor ceremony

In the fall of 2009, Taliban insurgents ambushed a patrol of Afghan soldiers and Marine advisors in a mountain village called Ganjigal. Firing from entrenched positions, the enemy was positioned to wipe out one hundred men who were pinned down and were repeatedly refused artillery support. Ordered to remain behind with the vehicles, twenty-one year-old Marine corporal Dakota Meyer disobeyed orders and attacked to rescue his comrades. With a brave driver at the wheel, Meyer stood in the gun turret exposed to withering fire, rallying Afghan troops to follow. Over the course of the five hours, he charged into the valley time and again. Employing a variety of machine guns, rifles, grenade launchers, and even a rock, Meyer repeatedly repulsed enemy attackers, carried wounded Afghan soldiers to safety, and provided cover for dozens of others to escape—supreme acts of valor and determination. In the end, Meyer and four stalwart comrades—an Army captain, an Afghan sergeant major, and two Marines—cleared the

battlefield and came to grips with a tragedy they knew could have been avoided. For his actions on that day, Meyer became the first living Marine in three decades to be awarded the Medal of Honor. *Into the Fire* tells the full story of the chaotic battle of Ganjigal for the first time, in a compelling, human way that reveals it as a microcosm of our recent wars. Meyer takes us from his upbringing on a farm in Kentucky, through his Marine and sniper training, onto the battlefield, and into the vexed aftermath of his harrowing exploits in a battle that has become the stuff of legend. Investigations ensued, even as he was pitched back into battle alongside U.S. Army soldiers who embraced him as a fellow grunt. When it was over, he returned to the States to confront living with the loss of his closest friends. This is a tale of American values and upbringing, of stunning heroism, and of adjusting to loss and to civilian life. We see it all through Meyer's eyes, bullet by bullet, with raw honesty in telling of both the errors that resulted in tragedy and the resolve of American soldiers, U.S. Marines, and Afghan soldiers who'd been abandoned and faced certain death. Meticulously researched and thrillingly told, with nonstop pace and vivid detail, *Into the Fire* is the unvarnished story of a modern American hero. Praise for

Into the Fire "A story of men at their best and at their worst . . . leaves you gaping in admiration at Medal of Honor winner Dakota Meyer's courage."—National Review "Meyer's dazzling bravery wasn't momentary or impulsive but deliberate and sustained."—The Wall Street Journal "[A] cathartic, heartfelt account . . . Combat memoirs don't get any more personal."—Kirkus Reviews "A great contribution to the discussion of an agonizingly complex subject."—The Virginian-Pilot "Black Hawk Down meets Lone Survivor."—Library Journal

Summary of the Quiet Mind: the Firsthand Account of a CIA Agent Who Traveled the Eastern World in Search of Mindfulness by John E. Coleman Nov 13 2019 *The Quiet Mind* (1971) is the firsthand account of an American intelligence agent who traveled the Eastern world in search of inner peace. Throughout his remarkable life, author John. E. Coleman explored a wide breadth of spiritual paths, from Thai Buddhism to Zen to Quakerism. Ultimately, he found the greatest success with vipassana, a type of meditation he later imparted to his own students.

Building the Rule of Law Oct 05 2021 "This book describes the beginnings of CEELI, the obstacles it overcame, the challenges it faced, and the ABA leaders who built it. It

will then look at the practical, real life, on-the-ground influence that CEELI and its successor organization, the ABA Rule of Law Initiative (ROLI), have had on various jurisdictions around the world and on the evolving legal and political systems in them. It will also evaluate the impact that this Rule of Law movement has had on a wide range of individual lawyers and judges"--

82 Days on Okinawa Feb 15 2020 "A gritty, first-person account. ... One can hear Shaw's voice as if he were sitting beside you." –Wall Street Journal An unforgettable soldier's-eye view of the Pacific War's bloodiest battle, by the first American officer ashore Okinawa. On Easter Sunday, April 1, 1945, 1.5 million men gathered aboard 1,500 Allied ships off the coast of the Japanese island of Okinawa. The men were there to launch the largest amphibious assault on the Pacific Theater. War planners expected an 80 percent casualty rate. The first American officer ashore was then-Major Art Shaw (1920-2020), a unit commander in the U.S. Army's 361st Field Artillery Battalion of the 96th Infantry Division, nicknamed the Deadeyes. For the next three months, Shaw and his men served near the front lines of the Pacific's costliest battle, their artillery proving decisive against a phantom enemy who had entrenched itself in the rugged,

craggy island. Over eighty-two days, the Allies fought the Japanese army in a campaign that would claim more than 150,000 human lives. When the final calculations were made, the Deadeyes were estimated to have killed 37,763 of the enemy. The 361st Field Artillery Battalion had played a crucial role in the victory. The campaign would be the last major battle of World War II and a key pivot point leading to the bombings of Hiroshima and Nagasaki, and to the Japanese surrender in August, two months after the siege's end. Filled with extraordinary details, Shaw's gripping account gives lasting testimony to the courage and bravery displayed by so many on the hills of Okinawa.

Guns Up! Nov 18 2022 THIS GUT-WRENCHING FIRSTHAND ACCOUNT OF THE WAR IS A CLASSIC IN THE ANNALS OF VIETNAM LITERATURE. "Guns up!" was the battle cry that sent machine gunners racing forward with their M60s to mow down the enemy, hoping that this wasn't the day they would meet their deaths. Marine Johnnie Clark heard that the life expectancy of a machine gunner in Vietnam was seven to ten seconds after a firefight began. Johnnie was only eighteen when he got there, at the height of the bloody Tet Offensive at Hue, and he quickly realized the grim statistic held a chilling truth. The Marines who fought and

bled and died were ordinary men, many still teenagers, but the selfless bravery they showed day after day in a nightmarish jungle war made them true heroes. This new edition of *Guns Up!*, filled with photographs and updated information about those harrowing battles, also contains the real names of these extraordinary warriors and details of their lives after the war. The book's continuing success is a tribute to the raw courage and sacrifice of the United States Marines.

Witnessing America Jun 01 2021 Presents a portrait of America's social and cultural history between 1600 and 1900, told through letters, diaries, memoirs, tracts, and other articles and first-hand accounts found in the collections of the Library of Congress.

This was San Francisco, Being First-hand Accounts of the Evolution of One of America's Favorite Cities Jun 20 2020

Fallschirmjäger! Oct 13 2019 Paratroopers or Fallschirmjäger as they are known in German, were the elite parachute troops (Fallschirmtruppe) of the Luftwaffe during the Second World War.

Me, Myself, and Them : A Firsthand Account of One Young Person's Experience with Schizophrenia Sep 16 2022 During his second semester at college, Kurt Snyder became convinced that he was about to discover a

fabulously important mathematical principle, spending hours lost in daydreams about numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that typically strikes during the late teen or young adult years. In *Me, Myself, and Them*, Kurt, now an adult, looks back from the vantage point of recovery and eloquently describes the debilitating changes in thoughts and perceptions that took hold of his life during his teens and twenties. As a memoir, this book is remarkable for its unvarnished look at the slow and difficult process of coming back from severe mental illness. Yet Kurt's memoir is only half the story. With the help of psychiatrist Raquel E. Gur, M.D., Ph.D., and veteran science writer Linda Wasmer Andrews, Kurt paints the big picture for others affected by adolescent schizophrenia. Drawing on the latest scientific and medical evidence, he explains how to recognize warning signs, where to find help, and what treatments have proved effective. Kurt also offers practical advice on topics of particular interest to young people, such as suggestions on managing the illness at home, school, and work, and in

relationships with family and friends. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *My, Myself, and Them* offers hope to young people who are struggling with schizophrenia, helping them to understand and manage the challenges of this illness and go on to lead healthy lives.

Eyewitness to War Jan 28 2021

Next to Nothing : A Firsthand Account of One Teenager's Experience with an Eating Disorder Jun 13 2022 More than simple cases of dieting gone awry, eating disorders such as anorexia and bulimia are among the most fatal of mental illnesses, responsible for more deaths each year than any other psychiatric disorder. These illnesses afflict millions of young people, especially women, all over the world. Carrie Arnold developed anorexia as an adolescent and nearly lost her life to the disease. In *Next to Nothing*, she tells the story of her descent into anorexia, how and why she fell victim to this mysterious illness, and how she was able to seek help and recover after years of therapy and hard work. Now an adult, Arnold uses her own experiences to offer practical advice and guidance to young adults who have recently been diagnosed with an eating disorder, or who are at risk for developing one. Drawing on the expertise

of B. Timothy Walsh, M.D., one of America's leading authorities on eating disorders, she reveals in easy-to-understand terms what is known and not known medically about anorexia and bulimia. The book covers such difficult topics as how to make sense of a diagnosis, the various psychotherapies available to those struggling with an eating disorder, psychiatric hospitalization, and how to talk about these illnesses to family and friends. The result is both a compelling memoir and a practical guide that will help to ease the isolation that an eating disorder can impose, showing young people how to manage and maintain their recovery on a daily basis. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *Next to Nothing* will also be a valuable resource to the friends and family of those with eating disorders. It offers much-needed hope to young people, helping them to overcome these illnesses and lead productive and healthy lives.

Black Hawk War Guide, A: Landmarks, Battlefields, Museums & Firsthand Accounts Apr 30 2021 The Black Hawk War was the final conflict east of the Mississippi River between American Indian communities and the United States regular troops and militia. Exploring the museums, wayside markers and parks

relating to that struggle is not just a journey of historic significance through beautiful natural scenery. It is also an amazing convergence of legendary personalities, from Abraham Lincoln to Jefferson Davis. Follow the fallout of the war from the Quad Cities on the Illinois/Iowa border, through the "Trembling Lands" along the Kettle Moraine and into the Driftless Area of southern Wisconsin. Pairing local insight with big-picture perspective, Ben Strand charts an overlooked quadrant of America's frontier heritage.

No Easy Day Jan 08 2022 The #1 New York Times bestselling first-person account of the planning and execution of the Bin Laden raid from a Navy SEAL who confronted the terrorist mastermind and witnessed his final moments. From the streets of Iraq to the rescue of Captain Richard Phillips in the Indian Ocean, and from the mountaintops of Afghanistan to the third floor of Osama Bin Laden's compound, operator Mark Owen of the U.S. Naval Special Warfare Development Group—known as SEAL Team Six—has been a part of some of the most memorable special operations in history, as well as countless missions that never made headlines. *No Easy Day* puts readers alongside Owen and his fellow SEAL team members as they train for the biggest mission of their lives.

The blow-by-blow narrative of the assault, beginning with the helicopter crash that could have ended Owen's life straight through to the radio call confirming Bin Laden's death, is an essential piece of modern history. In No Easy Day, Owen also takes readers into the War on Terror and details the formation of the most elite units in the military. Owen's story draws on his youth in Alaska and describes the SEALs' quest to challenge themselves at the highest levels of physical and mental endurance. With boots-on-the-ground detail, Owen describes several missions that illustrate the life and work of a SEAL and the evolution of the team after the events of September 11. In telling the true story of the SEALs whose talents, skills, experiences, and exceptional sacrifices led to one of the greatest victories in the War on Terror, Mark Owen honors the men who risk everything for our country, and he leaves readers with a deep understanding of the warriors who keep America safe.

Hitler's Last Secretary Apr 18 2020 Hitler's personal secretary reveals the experience of day-to-day life beside one of history's true monsters.

New Orleans Disasters: Firsthand Accounts of Crescent City Tragedy Dec 07 2021 With more than one thousand books on Hurricane Katrina,

somehow not one work examines a collection of Crescent City calamity-until now. Here seven tragedies and their fallout are explored through gripping firsthand interviews, planting readers amid the chaos. Revisit the agony of the Luling ferry disaster, the horror of Pan Am Flight 759 slamming into a Kenner neighborhood and the Mother's Day bus crash on 610 that claimed twenty-two lives. Sift for answers in the unsolved fires of the Rault Center and the Upstairs Lounge. Investigate the Continental Grain elevator explosion and experience the terror of the Howard Johnson's sniper. Join author Royd Anderson on this harrowing journey through New Orleans tragedy. Book jacket.

Mindsets and Missiles: A Firsthand Account of the Cuban Missile Crisis May 12 2022 This chronology provides details and analysis of the intelligence failures and successes of the Cuban Missile Crisis, and suggests the applicability of lessons learned to the collection, analysis, and use of intelligence in strategic decisionmaking. The author describes how the crisis unfolded using the author's personal recollection, declassified documents, and many memoirs written by senior CIA officers and others who were participants. Lessons learned include the need to avoid having our political, analytical and

intelligence collection mind-sets prevent us from acquiring and accurately analyzing intelligence about our adversaries true plans and intentions. When our national security is at stake, we should not hesitate to undertake risky intelligence collection operations including espionage, to penetrate our adversary's deceptions. We must also understand that our adversaries may not believe the gravity of our policy warnings or allow their own agendas to be influenced by diplomatic pressure.

The Mammoth Book of Soldiers at War Jul 02 2021 Using memoirs, letters, and diaries from common soldiers, the author introduces readers to warfare during the Napoleonic Age, covering the battlefields in Europe and America during the French Revolution, as well as the Napoleonic Wars and the the War of 1812. Original.

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